



HOME HEALTH • HOSPICE • REHAB THERAPIES • AQUATIC & FITNESS

PATIENT AGREEMENT

PERMISSION FOR EVALUATION AND TREATMENT: I hereby give permission to the professional staff of Pemi-Baker Community Health to perform any test(s) and give any treatment(s), deemed appropriate by the professional(s) responsible for my care.

TEAM APPROACH: Pemi-Baker Community Health encourages general wellness. Our goal is to help patients return to their greatest functional capacity. I understand that I may be treated by more than one of the healthcare personnel over the course of care at the discretion of the Professional performing the initial evaluation. I understand that there is a high level of communication between the providers of my care, verbal and written, in providing the optimum attention. If I feel most comfortable with one provider, I have the freedom to request an individual provider as my choice. Your physical therapy initial evaluation will be provided by a Physical Therapist who is licensed in the state of NH to provide care to a broad range of patients and diagnoses. Subsequent treatments may be provided by a Physical Therapist or a Physical Therapist Assistant who is a NH licensed professional providing care for a broad range of patients and diagnoses. All physical therapy at the Pemi-Baker Community Health is supervised and reviewed by the evaluating Physical Therapist.

NO SHOW/CANCEL POLICY: I understand that attendance is important to the success of my rehabilitation goals. If necessary I agree that I will cancel appointments at least 24 hours in advance. I understand that if I have three no-shows for my scheduled visits I will be discharged from physical therapy

PAYMENT AGREEMENT: I permit Pemi-Baker Community Health to bill my insurance carrier directly and request any payments for service to be made directly to Pemi-Baker Community Health. I certify the insurance identification information given by me is accurate. I understand that I am responsible for and agree to pay **all** applicable copays, deductible amounts and charges not covered by my insurance at the time of treatment.

RELEASE OF INFORMATION: I hereby authorize Pemi-Baker Community Health to release any information necessary in coordination of my care to my insurance company(s), my attending physician(s) and/or case manager(s).

NOTICE OF PRIVACY PRACTICES: I have been shown and offered a copy of the Pemi-Baker Community Health **Notice of Privacy Practices**. I understand and accept the Pemi-Baker Community Health HIPPA information and know that I can contact the Executive Director with any concerns or complaints.

PERSONAL PROPERTY STATEMENT: I hereby release Pemi-Baker Community Health of any responsibility for the loss or theft of any personal items left in any section of Pemi-Baker Community Health. Locks are available at the front desk and need to be returned at the end of your exercise session.

PATIENTS' BILL OF RIGHTS: I hereby acknowledge that I have received a copy of the Patients' Bill of Rights, pursuant to RSA-151:21.

I understand all statements made above and agree to its terms.

Patient Signature (or guardian if patient is under 18)

Date

Witness

Date



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Name: _____ Referring provider: _____

Date seen by Physician: _____ Next Physician appointment: _____

Are you taking medication regularly? Yes _____ No _____

If yes, please list medications: _____

Do you have a "Do Not Resuscitate" (DNR) order we need to follow in case of an emergency? Yes _____ No _____

Do you have or have you been treated for any of the following conditions? (please circle Yes or No)

Arthritis	Yes	No	Frequent Headaches	Yes	No
Allergies	Yes	No	Hearing Impairment	Yes	No
Environmental	Yes	No	Hepatitis/Jaundice	Yes	No
Medication	Yes	No	Hernia	Yes	No
Latex	Yes	No	High Blood Pressure	Yes	No
Anxiety	Yes	No	Liver Disease	Yes	No
Asthma	Yes	No	Lung Disease	Yes	No
Bowel/Bladder problems	Yes	No	Major injuries/illness	Yes	No
Cancer	Yes	No	Neurological conditions	Yes	No
Cardiac History	Yes	No	Nutritional deficiency	Yes	No
Chest Pain	Yes	No	Operations	Yes	No
Chronic Cough	Yes	No	Osteoporosis	Yes	No
Chronic skin disease	Yes	No	Pacemaker	Yes	No
Communicable Disease	Yes	No	Phlebitis	Yes	No
Congestive Heart Failure	Yes	No	Reflux/Heartburn	Yes	No
Convulsions/Seizures	Yes	No	Shingles (Zoster)	Yes	No
Depression	Yes	No	Shortness of Breath	Yes	No
Diabetes	Yes	No	Thyroid condition	Yes	No
Dizziness	Yes	No	Vision Problems	Yes	No
Falls	Yes	No			
Fainting Spells	Yes	No	Other: _____		
Fractures	Yes	No			

If you answered yes for any of the above conditions, please explain: _____

*** If you discover you have any of the above conditions during your course of treatment please notify a staff member immediately***



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Our practice is to demonstrate and discuss your home program. Please identify any specific learning styles you may prefer:

_____ None _____ Written Description _____ Pictures _____ Participation

_____ Other: _____

Have you had any previous therapy (Cardiac Rehab, Pulmonary Rehab, Physical Therapy, Occupational Therapy, Speech Therapy) here or at another facility in the last year?

_____ No _____ Yes (explain): _____

1) Date of onset of symptoms: _____ Have you had a similar problem in the past? _____ Yes _____ No

2) How did the problem occur? (fall, auto accident, etc.) _____

3) Medical Treatment so far? (casting, surgery, diagnostic tests, etc. Please include dates) _____

4) Are your present symptoms _____ Constant _____ Intermittent

5) Is the pain worse _____ Morning _____ Midday _____ Evening _____ Night
Is the pain better _____ Morning _____ Midday _____ Evening _____ Night

6) Do certain activities make the pain worse? Please specify: _____
Do certain activities make the pain better? Please specify: _____

7) Are you getting _____ Better _____ Worse _____ Staying the same

8) If pain is present, use the pain scale below to tell us the rating of your pain at its worst and best.

0 1 2 3 4 5 6 7 8 9 10

No pain **Unbearable pain**

9) Please check what you are presently having difficulty with:

Dressing Upper body	Yes	No	Stairs	Yes	No
Dressing Lower body	Yes	No	Bending	Yes	No
Cooking	Yes	No	Squatting	Yes	No
Eating	Yes	No	Lifting	Yes	No
Washing	Yes	No	Work Duties	Yes	No
Grooming	Yes	No	House/yard work	Yes	No
Shaving/brushing teeth	Yes	No	Child Care	Yes	No
Bathroom Mobility	Yes	No	Recreation/hobbies	Yes	No
Sleeping	Yes	No	Grasping/gripping	Yes	No
Reaching out in front/overhead	Yes	No	Getting in/out of car	Yes	No
Driving How Long?	Yes	No	Sitting How Long?	Yes	No
Standing How Long?	Yes	No	Walking How Long?	Yes	No

What do you hope to achieve from therapy? _____

NECK DISABILITY INDEX

This questionnaire has been designed to give the doctor information as to how your neck pain has affected your ability to manage in everyday life. Please answer every section and mark in each section only ONE box which applies to you. We realize you may consider that two of the statements in any one section relate to you, but please just mark the box which MOST CLOSELY describes your problem.

Section 1 - Pain Intensity

- ☐ I have no pain at the moment.
- ☐ The pain is very mild at the moment.
- ☐ The pain is moderate at the moment.
- ☐ The pain is fairly severe at the moment.
- ☐ The pain is very severe at the moment.
- ☐ The pain is the worst imaginable at the moment.

Section 2 -- Personal Care (Washing, Dressing, etc.)

- ☐ I can look after myself normally without causing extra pain.
- ☐ I can look after myself normally but it causes extra pain.
- ☐ It is painful to look after myself and I am slow and careful.
- ☐ I need some help but manage most of my personal care.
- ☐ I need help every day in most aspects of self care.
- ☐ I do not get dressed, I wash with difficulty and stay in bed.

Section 3 - Lifting

- ☐ I can lift heavy weights without extra pain.
- ☐ I can lift heavy weights but it gives extra pain.
- ☐ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table.
- ☐ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- ☐ I can lift very light weights.
- ☐ I cannot lift or carry anything at all.

Section 4 - Reading

- ☐ I can read as much as I want to with no pain in my neck.
- ☐ I can read as much as I want to with slight pain in my neck.
- ☐ I can read as much as I want with moderate pain.
- ☐ I can't read as much as I want because of moderate pain in my neck.
- ☐ I can hardly read at all because of severe pain in my neck.
- ☐ I cannot read at all.

Section 5-Headaches

- ☐ I have no headaches at all.
- ☐ I have slight headaches which come infrequently.
- ☐ I have slight headaches which come frequently.
- ☐ I have moderate headaches which come infrequently.
- ☐ I have severe headaches which come frequently.
- ☐ I have headaches almost all the time.

Scoring: Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significant activities of daily living disability.

(Score ____ x 2) / (____ Sections x 10) = _____ %ADL

Section 6 - Concentration

- ☐ I can concentrate fully when I want to with no difficulty.
- ☐ I can concentrate fully when I want to with slight difficulty.
- ☐ I have a fair degree of difficulty in concentrating when I want to.
- ☐ I have a lot of difficulty in concentrating when I want to.
- ☐ I have a great deal of difficulty in concentrating when I want to.
- ☐ I cannot concentrate at all.

Section 7—Work

- ☐ I can do as much work as I want to.
- ☐ I can only do my usual work, but no more.
- ☐ I can do most of my usual work, but no more.
- ☐ I cannot do my usual work.
- ☐ I can hardly do any work at all.
- ☐ I can't do any work at all.

Section 8 - Driving

- ☐ I drive my car without any neck pain.
- ☐ I can drive my car as long as I want with slight pain in my neck.
- ☐ I can drive my car as long as I want with moderate pain in my neck.
- ☐ I can't drive my car as long as I want because of moderate pain in my neck.
- ☐ I can hardly drive my car at all because of severe pain in my neck.
- ☐ I can't drive my car at all.

Section 9 - Sleeping

- ☐ I have no trouble sleeping.
- ☐ My sleep is slightly disturbed (less than 1 hr. sleepless).
- ☐ My sleep is moderately disturbed (1-2 hrs. sleepless).
- ☐ My sleep is moderately disturbed (2-3 hrs. sleepless).
- ☐ My sleep is greatly disturbed (3-4 hrs. sleepless).
- ☐ My sleep is completely disturbed (5-7 hrs. sleepless).

Section 10 - Recreation

- ☐ I am able to engage in all my recreation activities with no neck pain at all.
- ☐ I am able to engage in all my recreation activities, with some pain in my neck.
- ☐ I am able to engage in most, but not all of my usual recreation activities because of pain in my neck.
- ☐ I am able to engage in a few of my usual recreation activities because of pain in my neck.
- ☐ I can hardly do any recreation activities because of pain in my neck.
- ☐ I can't do any recreation activities at all.

Comments _____ %ADL

PATIENT INTAKE



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NAME (last, first): _____ DOB: _____ SS# _____

MAILING ADDRESS: _____
(Street) (City/Town, State, Zip Code)

PHONE (HOME): _____ (WORK): _____ (CELL): _____

EMAIL ADDRESS: _____

PRIMARY CARE PHYSICIAN: _____ FACILITY: _____

DX: _____

HAVE YOU HAD PRIOR PHYSICAL THERAPY (AS OF JANUARY 1ST)? Yes ___ No___ WHERE? _____

EMERGENCY CONTACT: _____ RELATIONSHIP: _____

ADDRESS: _____ HOME PHONE: _____

_____ CELL PHONE: _____

CONSENT TO SHARE INFORMATION (Other than health care provider and insurance companies)

Please list all individuals that may obtain your information, including any and all legal guardians if a (a minor) or (unable to consent):

Name _____ Relationship _____ Phone# _____

Name _____ Relationship _____ Phone# _____

Name _____ Relationship _____ Phone# _____

Name _____ Relationship _____ Phone# _____

I give my consent for Pemi-Baker Community Health to share my Hospice Election and Advanced Directives with local EMS and hospitals. _____ (Initial)

Notice of Privacy Practices:

By my signature below, I give my permission for Pemi-Baker Community Health to share all information know to them with the individuals listed above.

Patient signature: _____ Date: _____

The undersigned certifies that the patient is (unable to consent) (a minor) and the undersigned certifies that he/she has read and agrees to the above as the responsible part of the patient.

Responsible Party Signature: _____ Date: _____